

IRON INFUSIONS AT WESTSIDE MEDICAL CENTRE



Westside Medical Centre

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Westside Medical Centre offers iron infusions for new as well as regular patients. **We charge an out-of-pocket fee for iron infusions, please talk to your doctor for more information.**

Iron infusion (Ferinject) can provide significant benefit for patients with anaemia related to low iron. To ensure this procedure is appropriate for you, we request that you bring the following along to your scheduled appointment with us:

1. Referral letter from your treating doctor – requesting infusion and clinical need.
2. Most recent pathology – including iron studies and full blood count.
3. Ferinject medication – you will need to have this prescribed by your treating doctor and collect the script from the chemist.

If the medication and information is not brought to the consultation, the infusion will need to be rescheduled!

What to expect at your consultation:

- Our GP will review your referral letter and pathology and explain the risks and benefits of the procedure.
- In our procedure room, you will have an intravenous line inserted by a nurse (or GP) and the infusion will be given.
- During and after the procedure you will have blood pressure and pulse monitoring

After the infusion:

- Westside Medical Centre will write a letter to your usual doctor with details of your infusion
- Within 4 weeks you will need to see your regular GP to have further blood tests arranged to check the infusion has improved your condition. If further infusions are indicated, your regular GP can write another referral to us with updated details.

Risks associated with an iron infusion:

Iron infusion is generally a safe and beneficial procedure. However, there are some important risks to be aware of. Please discuss any concerns with your doctor before the procedure.

- Staining to arm from iron (this can be a permanent) (1 in 100-1000)
- Allergic reaction, can be mild or occasionally life threatening (1 in 1000- 10,000)
- Infusion reactions – headache, nausea, metallic taste, low blood pressure.
- Delayed reactions (after 1-2 days) – Joint aches, muscle aches, dizziness, fever, headache.

IF CHEST PAIN, BREATHING DIFFICULTY, MOUTH SWELLING develops after infusion – CALL 000